



Our Activities

October to December 2023



Where to find us

1035, rue Rachel Est, 3rd floor,
Montréal, QC H2J 2J5
Phone: 514-528-8812.
Télécopier: 514-528-0896
E-mail: sawcc@sawcc-ccfsa.ca
www.sawcc-ccfsa.ca



Centre hours

Monday to Thursday:
9:00 am - 5:00 pm
Friday: No appointments
Lunch break: 12:30 pm - 1:30 pm

CENTRE COMMUNAUTAIRE
des femmes sud-asiatiques



The South Asian Women's
COMMUNITY CENTRE

WHAT CAN WE DO FOR YOU AT SAWCC

We believe in creating a **safe, drop-in space** for women from all around the world, regardless of their origin, color, status, age, religion, beliefs, ethnicity or sexual orientation.

From its beginning, the guiding principles of SAWCC have been **feminism and sisterhood**. We believe in **empowering women** and in **Service, Support, Advocacy and Activism**.

All our services are **FREE** and available in French, English and the main South Asian Languages

Following are some of our core services:

- Settlement program for new immigrants and refugees
- French and English language classes with daycare facility
- Referral services
- Interpretation and translation services
- Advising about individual rights
- Counselling on marital, family, legal, immigration and health-related issues
- Group activities, discussions, seminars, info sessions and more
- Celebration of major South Asian festivals
- Providing a support network for women going through domestic violence situations

- Opportunities to drop in and converse in South Asian languages
- Monthly lunches and get-togethers
- Accompaniment services for those in dire need
- Guidance offered to search job & make C-V
- Summer employment opportunities for students
- Programs for South Asian Youth
- Parenting workshops
- Newsletter for members

DON'T FORGET TO **RENEW** YOUR MEMBERSHIP!

HIGHLIGHTS FOR THIS TRIMESTER

October 9 th	Centre closed for Thanksgiving
October 27 th	Halloween lunch
November 24 th	Diwali celebration
Date to be determined	End of the year celebration
December 22 nd – January 8 th	Center closed for holidays

ACTIVITIES

Please note that although we try our best to organize the activities on the dates that we are publishing but sometimes we have to cancel/change an activity at the last minute due to unforeseen circumstances. Please call ahead to confirm!

Unless otherwise specified, the activities take place between 10:30 a.m. to 12:00 p.m.

Please [contact us for more details](#) regarding the End of the year celebration.

OCTOBER

Tuesday 3 rd	Information session: Celebrating women's history month
-------------------------	--

Tuesday 10 th	Information session: Family Court
--------------------------	-----------------------------------

Tuesday 17 th	Information session: Women shelters and their services
--------------------------	--

Tuesday 24 th	Information session: Adult education in Quebec
--------------------------	--

Friday 27 th	Halloween lunch (12:30-3:30)
-------------------------	-------------------------------------

Tuesday 31 st	Activity is to be determined
--------------------------	------------------------------

CENTRE

CLOSED ON DATE	October 9 th for Thanksgiving
-------------------	--

NOVEMBER

Tuesday 7 th	Information session: Learning about remembrance day
Tuesday 14 th	SAWCC's participation in the Semaine culturelle des rencontres québécoises
Tuesday 21 th	Information session: Preparing for Canadian Winters - for Ourselves, Our Families and Our Homes
Friday 24 th	Diwali celebration and lunch (12:30-3:30)
Tuesday 28 th	Information session: domestic violence and talking about women's rights

DECEMBER

Tuesday 5 th	Commemoration of December 6 and discussion on the Charter of Human Rights in Quebec
Wednesday 6	SAWCC's participation in the National Day of Remembrance and Action on Violence Against Women with Fédération des femmes du Québec
Tuesday 12	Group discussion for next year activity calendar
Date to be determined	End of the year celebration

CENTRE

CLOSED ON
DATES

December 22nd – January 8th

INTERESTED IN LEARNING FROM THE SAWCC TEAM?

.....

We can arrange an info session or workshop on topics of your choice. Learn with us about:

- Meal Planning and Cooking in Bulk
- Organizing your days for efficient working
- Dressing up for joining the workforce, interview preparation and C.V. making
- Balanced nutrition: planning family meals on a budget
- Party planning: throwing the ultimate party!
- Organizing drawers, shelves and cupboards in the house
- Going on outings in a group
- Parenting
- Teenagers
- Talking about sex with children
- C.V. making
- AND many more!

PLEASE CONTACT JUVARIA FOR REQUESTS AND
SUGGESTIONS AT 514 528-8812 *104

CLASSES

Please call **Shipra Barua at 514-528-8812 * 106** to learn about our fall classes and to register.

VOLUNTEERING

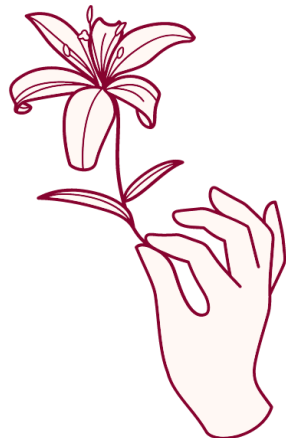
We are currently looking for volunteer English class teachers. Please contact **Shipra Barua at 514-528-8812 *106** or email her at shipra.b@sawcc-ccfsa.ca.

MEMBERSHIP

By becoming a member of SAWCC you:

- Join a community of like-minded feminist women who believe in service support and advocacy.
- Support the centre in its work of service and advocacy.
- Receive newsletters, bulletins and invitations.
- Could vote in our General Assembly and participate in decision-making.
- Could become members of the Executive Council after being elected.

Our membership fee is \$1-\$15. contact **Juvaria Yasser at 514-528-8812 *104** for details.



FUNDING AND PARTNERS

The South Asian Women's Community Centre and its various projects are generously supported by la Ville de Montréal and the Government of Québec through Secrétariat à la condition féminine, ministère de l'Immigration, de la Francisation et de l'Intégration, and Agence de la santé et des services sociaux de Montréal.

Avec la participation financière de :

